DEPARTMENT OF PHYSIOTHERAPY

Job Description

Title: Physiotherapist – general rotation

Grade: Band 5

Hours: 37.5

Responsible to: Head of Therapies

Accountable to: Health Professions Council

Special Conditions: Post holder rotates through different specialities at The Bradton Royal Hospital and The Princess Mary Hospital

Job Purpose: To provide a physiotherapy service to patients within out patients, paediatrics, adult orthopaedics, spinal injuries and rehabilitation

Job Summary: To perform physiotherapeutic assessment of patients with diverse and complex conditions, to provide a physiotherapy diagnosis and to develop and deliver a patient focused treatment programme.

To be responsible for own caseload working without direct supervision. All aspects of clinical duties will be undertaken as an autonomous practitioner. Supervision takes the form of regular formal training and clinical reasoning sessions, problem case sessions and peer review. Access to advice and support from senior colleagues is available when required.

Specific Duties and Responsibilities:

Clinical Responsibilities
1. To be professionally and legally accountable for all aspects of own work, including the management of patients in your care

2. To undertake an assessment of patients, using clinical reasoning skills and manual assessment techniques to provide a physiotherapy diagnosis of their condition.

3. With appropriate support, to formulate prognosis and recommend best course of intervention, developing discharge plans.

4. To formulate and deliver individual and group physiotherapy treatment programme based upon knowledge of the evidence of the treatment options available. This commonly involves manual physiotherapy techniques.

5. To evaluate a patients’ progress, reassess and alter treatment programmes if required, developing reflective practice.
6. To be responsible for planning and prioritising your own patient case load

7. To take delegated responsibility from senior colleagues for managing and treating patients with particular conditions within each rotation.

8. To represent physiotherapy/individual patients at MDT meetings. This will involve discussion of patient care, patient progress and involvement in discharge planning.

9. To determine the patients’ understanding of treatment proposals to ensure valid patient consent. To understand and work within a legal framework with patients who lack the capacity to consent to treatment.

10. Encourage patients and their carers in an active approach to regaining and maintaining independence. This requires empathy, sensitivity and good interpersonal skills.

11. Be highly skilled in communicating with patients of all ages who have a range of physical and psychological barriers to understanding.

12. To manage clinical risk within own patient case load.

13. To work within Trust and Chartered Society of Physiotherapy (CSP) clinical guidelines and to have a working knowledge of national and local standards and monitor own quality of practice.

14. Following completion of respiratory care competencies, to work on the emergency duty rota, undertaking the assessment and treatment of acutely ill patients with respiratory problems and multiple pathologies. To maintain associated records as an autonomous practitioner.

15. When working on the emergency rota, to provide advice to medical and nursing staff and others regarding patients respiratory function/conditions.

16. To be responsible for maintaining accurate and comprehensive patient treatment records in line with CSP standards of practice.

17. To attain competencies for the safe use of all equipment and techniques before use.

Professional
1. To be responsible for maintaining own competency to practice through CPD activities, maintaining a portfolio, which reflects personal development.

2. To maintain and develop current knowledge of evidence based/best practice in the areas of each rotation, demonstrating competent use of internet to assist searches.

3. To undertake evidence based projects within each rotation, contributing to changes in service delivery and clinical practice.

4. To participate in the staff appraisal scheme as an appraisee and be responsible for complying with your agreed personal development programmes to meet set knowledge and competencies.
5. To undertake the measurement and evaluation of your current practice through the use of projects, audit and outcome measures working with more senior colleagues.

6. To actively participate in the in-service training programmes, tutorials, individual training sessions, external courses and peer review.

7. To deliver specific training to physiotherapy assistants and other health care professionals.

8. Under direction, to collect data for use in service audit and research projects. To use a range of research methodologies as part of audit and research initiatives.

9. To be actively involved in professional clinical groups such as peer review groups, journal clubs and other professional development activities

10. To provide support, guidance and training to physiotherapy assistants.

**Organisational**

1. Ensure that your own practice meets the required professional standards of physiotherapy practice

2. To be responsible for own time management in planning caseload to meet service and patient priorities.

3. To be aware of and comply with all BDUH Trust policies and procedures

**Effort**

1. Carry out assessments and treatments of patients with musculo-skeletal conditions requiring moderate to intense physical effort on a daily basis.

2. To comply with Trust manual handling policy and local therapeutic handling guidance at all times

3. To deal sensitively with patients who have high levels of anxiety and aggression caused by pain or limited mobility.

4. To work alone during participation in the on-call service assessing and managing risk

**Special Requirements:** This job sometimes involves exposure to unpleasant working conditions e.g. occasional exposure to verbal aggression and exposure to bodily fluids including sputum

Any other duties commensurate with the grade and in line with the requirement of this post.

This job description gives a general outline of the post and is not intended to be inflexible or a final list of duties. It may therefore be amended from time to time in consultation with the post holder.
Terms and Conditions of Service
This appointment is subject to the terms and conditions of employment of the Bradton & District University Hospitals NHS Trust.

Professional conduct
The post holder must comply with the Code of Professional Conduct applicable to their profession.

Risk Management
The Bradton & District University Hospitals NHS Trust strives to take a holistic approach to the management of risk; Health and Safety, Caldicott, Corporate and Clinical Governance requirements are all elements of risk management.

Risk management is fundamental in ensuring the safety of all whilst on Trust premises and in ensuring that a high level of quality care is continually provided. To support staff in the management of risk, the Trust provides training programmes and facilitates staff in the use of risk management identification tools. In turn, individuals are responsible for ensuring that they attend training sessions and adhere to the Trust’s policies and procedures, which includes the reporting of incidents, both actual and near miss.

Health and Safety at Work Act
Under the provisions of the Health and Safety at Work Act 1974 it is the duty of every employee to:
  • Take reasonable care of themselves and of others who may be affected by their acts or omissions.
  • Co-operate with their employer in ensuring that all statutory and other requirements are complied with.

Clinical Governance
Participate in the Trust’s Clinical Governance activities ensuring that all the elements are embraced within ones own practice and that of the ward.

Confidentiality
During the course of these duties, the post holder will have access to confidential material about patients, staff and other health service business. On no account must information relating to identifiable patients or staff members be divulged to anyone other than authorised persons, i.e. nurses, medical or other professional staff or as directed by an appropriate manager. Failure to comply with these guidelines may result in disciplinary action being taken against the post holder.

Equal Opportunities
The Trust welcomes all persons without regard to age, ethnic or national origin, gender or sexual orientation, religion, lifestyle, presenting illness or disability. We aim to provide a non-judgemental service at all times.

No Smoking Policy
The Trust prohibits smoking in all of their buildings and premises, except where specifically indicated.